

## Online Safety Advice for Parents

<https://www.saferinternet.org.uk/safer-internet-day/2017>

## Safer Internet Day 2017 at St. Anne's: Tuesday 7<sup>th</sup> February



### The Power of Image

School Council would like to invite you to an E-Safety presentation on Wednesday 8<sup>th</sup> February at 3 p.m.

This year, the theme for Safer Internet Day is: 'The Power of Image.' The presentation will reflect the learning we have taken part in during Safer Internet Day and during Computing lessons throughout the year. We will also share some top tips for E-Safety and show you where you can find resources to support your children's understanding of E-Safety at home.

We look forward to seeing you there.

School Council

**At St. Anne's we empower children with the understanding and knowledge of how to keep themselves safe online using the SMART rules:**



**SAFE** – Keep safe by being careful not to give out personal information when you're chatting or posting online. Personal information includes your email address, phone number and password.

**MEETING** – Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents’ or carers’ permission and even then only when they can be present. Remember online friends are still strangers even if you have been talking to them for a long time.

**ACCEPTING** – Accepting emails, IM messages, or opening files, pictures or texts from people you don’t know or trust can lead to problems – they may contain viruses or nasty messages!

**RELIABLE** – Someone online might lie about who they are and information on the internet may not be true. Always check information with other websites, books or someone who knows. If you like chatting online it’s best to only chat to your real world friends and family.

**TELL** – Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.



There are also things you could try at home to help to ensure your child stays safe online:

## Set up parental controls on devices and through your internet provider.

### Internet providers:

This link contains a short helpful video for each of the four main internet providers (BT, Sky, TalkTalk and Virgin Media) explaining how to activate the free parental controls:

<http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers/parental-controls>

It is also advisable to check that children are using your wireless connection and not that of a neighbour as these parental controls only apply to your own wireless connection.

### Devices:

For help setting up parental controls on an iPad: [http://www.saferinternet.org.uk/content/childnet/saferinternetcentre/downloads/resources/ParentTechBriefing/tech/Parent\\_tech\\_briefing\\_iPad.pdf](http://www.saferinternet.org.uk/content/childnet/saferinternetcentre/downloads/resources/ParentTechBriefing/tech/Parent_tech_briefing_iPad.pdf)

For help setting up parental controls on an iPod Touch:

[http://www.saferinternet.org.uk/content/childnet/saferinternetcentre/downloads/resources/ParentTechBriefing/tech/Parent\\_tech\\_briefing\\_iPod\\_Touch.pdf](http://www.saferinternet.org.uk/content/childnet/saferinternetcentre/downloads/resources/ParentTechBriefing/tech/Parent_tech_briefing_iPod_Touch.pdf)

For help setting up parental controls on an iPhone:

[http://www.saferinternet.org.uk/content/childnet/saferinternetcentre/downloads/resources/ParentTechBriefing/tech/Parent\\_tech\\_briefing\\_iPhone.pdf](http://www.saferinternet.org.uk/content/childnet/saferinternetcentre/downloads/resources/ParentTechBriefing/tech/Parent_tech_briefing_iPhone.pdf)

For help setting up parental controls on a Blackberry:

[http://www.saferinternet.org.uk/content/childnet/saferinternetcentre/downloads/resources/ParentTechBriefing/tech/Parent\\_tech\\_briefing\\_Blackberry.pdf](http://www.saferinternet.org.uk/content/childnet/saferinternetcentre/downloads/resources/ParentTechBriefing/tech/Parent_tech_briefing_Blackberry.pdf)

For help setting up parental controls on an Xbox:

<http://support.xbox.com/en-GB/xbox-360/security/xbox-live-parental-control>

For help setting up parental controls on a Playstation:

<http://manuals.playstation.net/document/en/ps3/current/basicoperations/parentallock.html>

For help setting up parental controls on a Wii:

[http://en-americas-support.nintendo.com/app/answers/detail/a\\_id/3805](http://en-americas-support.nintendo.com/app/answers/detail/a_id/3805)

Know the age ratings for games and apps and use <https://www.commonsemmedia.org/> to review the content of these games/apps. Use the search option to type in the name of the game or app.

\*\*\*\* We have recently been alerted to the highly inappropriate nature of the game **Grand Theft Auto V** which many believe to be a car chasing game. For more information, please follow this link: <https://www.commonsemmedia.org/game-reviews/grand-theft-auto-v>

Also be aware that many games can also be played online. For more information on online gaming please follow this link: <http://www.childnet.com/ufiles/online-gaming.pdf>

Discuss with your child about how they use the internet and what they would do if they have any issues. We encourage children to tell a trusted adult if they are experiencing cyber bullying; if they find inappropriate content or if they are unsure of something online.

If you do need to report inappropriate behaviour, it can be done through this website: <http://www.ceop.police.uk/>

Discuss social media with your child. We teach children in school that once something is posted online it can stay there forever.

A useful video about social media to watch with children aged 8-10 as a starting point can be found at:

<https://www.thinkuknow.co.uk/parents/Primary/Conversation-Starters/Go-to-the-movies/Jigsaw/>

For more information about young people and social networking please follow this link:

<http://www.childnet.com/ufiles/Young-people-and-social-networking-A.pdf>

Try to ensure when children are using devices, laptops and computers that they are in an area of the house where you can walk by and see what your child is using. This will help to keep you aware of how your child is using the internet and may help to keep open the lines of communication about using the internet safely.